# Email & Calendar Integration

**Integrating Your Email in AMPED**

You can integrate your email inbox directly into AMPED. This two-way sync allows you to send and receive emails and maintain email threads and messages with your leads and contacts all within AMPED. Whether you email through AMPED or your email service provider, your conversation is synced in AMPED and allows you to view your entire conversation. Check out the Message Module to learn more. You no longer need to flip back and forth between applications. Users stay in AMPED for all communications and can remain more focused on closing. -Read on below to learn how to integrate your email into AMPED.

**Integrating Your Calendar Email in AMPED**

You can integrate your email calendar into AMPED. This two-way sync gives you the ability to automatically add calendar activities to either or both AMPED and your preferred email service provider calendar. By sending or receiving a calendar invitation, the events, associated leads, and contacts become synchronized in AMPED. You no longer need to enter calendar invites in two places for tracking. Create and invite contacts through your calendar and automatically track interactions and touchpoints with the customer for a deeper understanding of the number and types of touchpoints it takes to close a deal. -Read on below to learn how to integrate your calendar in AMPED

To connect your email, head to your User Preferences and find the "Email and Calendar Integration" block. You may connect your Gmail or Outlook account. Steps to connect to either email service can be found below.